

Our Australian 500 + item list includes:

Fresh foods including fruit, vegetables, meats, seafood, eggs, dairy products, alternative dairy products, soy products, nuts, seeds, beans and lentils.

Drinks including tea, coffee, herbal teas, alcoholic drinks, soft drinks, juice, cordial, Ovaltine and Milo.

Cooking and salad oils including olive, coconut, grape seed, avocado & sunflower.

Condiments including herbs, spices, sauces, tomato paste, salts, peppers, mayonnaise, vinegars, stocks, gravy mixes and pickled vegetables .

Sugars and sweeteners including sugar, honey, maple syrup, agave, and stevia.

Jams and spreads including Vegemite, Nutella, marmalade and strawberry jam.

Flours including wheat, spelt, rye, tapioca, quinoa, amaranth, besan, buckwheat soy, coconut and kamut.

Bread including whole meal wheat, spelt, rye, buckwheat, kamut, sprouted breads, sourdough breads and gluten free breads.

Packaged foods including breakfast cereals, cake mixes, pasta, sweet biscuits, cracker biscuits and chocolate.

Bathroom products including toothpastes, soaps, shampoos, shaving gels, deodorants and sunscreens.

Laundry products including, washing powders and liquids, bleach & fabric softeners.

Metals including gold, silver and aluminum.

Fibres including cotton, wool, polyester and feathers.

Creams, ointments and medications including sorbolene, paw paw ointment, Panadol, Nurofen and fibre supplements.

Our test will give you a list of foods you *can* use and we will even tell you what brands are lowest in reactivity. We do all the hard work for you, all you have to do is follow your list.

You Don't Have to Suffer Through Life

Bio-Compatibility Testing Hair Analysis 6 month wellness programme

DO YOU SUFFER FROM
OR BEEN DIAGNOSED WITH

Asthma	Arthritis	Chronic Fatigue
Sinus & Hay fever	Constipation	Irritable Bowel
Rashes / Itchy Skin	Indigestion	A.D.H.D / A.D.D.
Candida	Excess Mucous	Restless Legs
PMS	Psoriasis	Sleep disorders
Headache	Migraine	Bloating
Flatulence	Poor Concentration	Fatigue

FIND OUT WHICH FOODS ARE MAKING YOU SICK AND WHICH FOODS YOU CAN EAT

Many people today suffer from what they call 'allergies'. Reactions are accumulative and symptoms may not appear for up to four days. Often people crave the very foods they are reacting to. The question arises '*What can I eat?*'

If you have pain or inflammation, chances are you are eating foods that are not suited to *your* body.

Our focus is to fit the diet to the individual by giving you a list of foods you **can** use.

Bio-Compatibility testing for 500+ local foods and products.

**Test Today
and
START GETTING WELL**

NO NEEDLES OR BLOOD TEST SAFE AND ACCURATE

We use modern electronic equipment that works from a hair sample.

Our test is safe, accurate and has no harmful side effects.

Medications will not affect this test.

One patient reported that fourteen and a half years of headaches and migraines disappeared after eliminating broccoli and other allergies.

A lady stopped coughing after over 50 years of suffering once she stopped eating wheat bran. Her intolerance to perfumes also disappeared.

50 years of asthma was gone after only 6 weeks on this programme. This lady reports that she can now run on the beach for the first time in her life.

A young boy's badly inflamed tonsils and adenoids cleared once off paw paw and bananas.

A delighted father reported his A.D.D. child had gone from the bottom to top of the class; was sleeping and eating well and her behavioural problems had disappeared only six weeks into this programme.

Asthma, bloating, irritable bowel, nausea and migraines all cleared once off reactive foods. Patient also reported she was off all medications and had lost 9 kg in weight.

A lady reported that her sinus and middle ear infections all cleared up when she removed olive oil, rice bubbles, mandarins, garlic, olives, chicken, baked beans and eye shadow.

Arthritis was triggered by pasta, garlic, pork, ham, milk, olive oil, chicken, and milk. His doctor took him off cortisone after 6 weeks on this programme.

Acne/Rosacea cleared by removing vegemite, potato, Broccoli, chocolate and dairy products.

Stomach pains and constipation from eating milk, soy milk and sunflower oil.

Irritable bowel, sinus, headache and digestion cleared by removing dairy, bread, and all seafood.

Hives, sinus, rashes cleared once off shellfish, wheat, green tea and coffee.

If you choose to have the test by **mail order** your test results will be posted to you and you will be contacted by our **customer service staff** to discuss the results and answer your questions. You will be contacted again after four weeks to check on your progress. Customer Service Staff are trained to answer your questions and support you throughout your program but cannot offer Naturopathic advice.

DISCLAIMER; This programme is not intended to be construed as medical advice, nor is it intended to lead anyone away from a qualified health practitioner. We make absolutely no claims to diagnose, cure, treat or prevent any disease. We cannot take any responsibility for those who may want to help themselves outside our instructions. If you have a medical condition, we urge you to be supervised by a qualified healthcare professional of your choice.

500+ ITEMS TESTED BY HAIR SAMPLE FOR ONLY \$247.00 (inc GST) **Mail Order** (\$190 in clinic with a consultation)

Simply send us a small clump of your hair (enough to cover the shaded area below)

Hair sample must be placed in a plastic bag or Glad wrap

Colours, perms or medications do not affect the testing.

Please complete the following

LIST YOUR SYMPTOMS

- | | | | |
|---|---|--|--|
| <input type="checkbox"/> Acne / Rosacea | <input type="checkbox"/> Diarrhoea | <input type="checkbox"/> Gout | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> ADD/Behavioral | <input type="checkbox"/> Digestive/Nausea | <input type="checkbox"/> Headache/Migraine | <input type="checkbox"/> Rashes/Itchy Skin |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Earache | <input type="checkbox"/> Hives | <input type="checkbox"/> Reflux |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Excess Mucous | <input type="checkbox"/> Irritable Bowel | <input type="checkbox"/> Restless Legs |
| <input type="checkbox"/> Bad Breath | <input type="checkbox"/> Eye Infections | <input type="checkbox"/> Muscle Ache & Pains | <input type="checkbox"/> Sinus/Hay fever |
| <input type="checkbox"/> Bloating | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Persistent Cough | <input type="checkbox"/> Sleep Disorders |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Flatulence | <input type="checkbox"/> PMS | <input type="checkbox"/> Thrush |

OTHER:

Test List: **Standard 500+** \$247.00 **Baby +** \$260.00
Indian \$137.00 **Retest** \$185.00

Date of Birth...../...../..... Sex: M F

Cash, Money order, Credit/debit card or Cheque is acceptable.

Name:.....

Address:.....

..... P/code..... Phone.....

Email.....

Mastercard Visacard **Expiry Date** /

Card No. | | | | | | | | | | | | | | | | | | | | | |

Name on card Signature

Send To:

Jeff Edgecombe
Unit 2, 18 Boronia Crt
Mt Barker South Australia 5251

ABN 61 294 904 078
Ph: 0410 566 154
email: edge86@bigpond.net.au